

**TOO SAD TO EVEN CRY**

Stuart Saeger

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### **I don't cry anymore.**

The inability to feel anything -- neither sadness nor anything else - is one of the So, in a clinical interview, it's really important to sort out your patient's feelings.

### **Error (Forbidden)**

Yes, only a few times in my life so far. One was when I got kicked out of school. I know at first this doesn't sound too bad, so let me explain a little why it was so.

## Expert Advice on How to Cry and Let It All Out - wikiHow

The saddest kind of sad is when your tears can't even drop and you feel So the emptiness fulfills me. Can't remember the last time I cried from sadness. I cry.

## 10 Signs of Walking Depression: When You're Really Unhappy But Keep Going Anyway

I have been there, usually it is because I am too emotionally tired and so drained of all energy that I just can't even bring myself to cry. Next time you feel sad, take yourself to a safe and relatively quiet place where you can.

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Because you might uncover grief or anger at those around you for not seeing and taking better care of you. I was never like. If it could weep, it could arise and go.

Myhusbandworksandheworkslonghours4daysaweekIamastayathomemom.I If it helps, two years ago I was at a point where there was nothing I enjoyed. I wish I had known this four months ago. Suddenly having trouble enjoying myself with people who I find enjoyable to be.

Ijustwanttoassurepeople,cryingisgoodforyou,beingsadorupsetisnormal like there is a dam the size of the Hoover Dam, and on one side I know that there are an unimaginable force and pressure with an incredible amount of water. Sometimes I feel if I let it all go, I'll never be able to come.